

MARCH 2008



McCarthy Recognized for Energy Therapy Instruction

WEST SPRINGFIELD — Michelle McCarthy, Reiki master teacher and integrated energy therapy (IET) master instructor, was honored as one of the top 27 IET master instructors of 2007 by the Center of Being in Woodstock, N.Y.

In 2005, the Center of Being began honoring master instructors who contributed the most to the growth of integrated energy therapy each year. Based on the class lists it receives, the center honors those who taught the largest number of basic, intermediate, and advanced IET students over the course of the year. McCarthy was previously recognized by the center as one of the top 25 instructors of 2005.

McCarthy owns and operates the Heart to Heart Healing Connection in West Springfield, offering Reiki and IET at the facility, as well as traveling to locations around New England and Florida to teach the practices.